

Source: Daily Express {Main}
Edition:
Country: UK
Date: Tuesday 4, May 2010
Page: 26
Area: 93 sq. cm
Circulation: ABC 668273 Daily
BRAD info: page rate £27,329.00, scc rate £97.00
Phone: 020 7928 8000
Keyword: Restaurant at St Paul's

> durrants

Ten things you never knew about... honey

WILLIAM HARTSTON

This is National Honey Week, when the Honey Association will be doing all it can to promote the sweetness and goodness of the product.

- 1. A honeybee's wings flap 11,400 times per minute, thus making their distinctive buzz.**
- 2. In order to produce 1lb of honey, two million flowers must be visited by bees.**
- 3. Honey is said to be the only food that includes all the substances necessary to sustain life.**
- 4. Research in 2008 showed that European and Asian honeybees can understand each other's wagging dance movements, though they need to learn each other's dialects to get distances right.**

5. One teaspoon of honey represents the entire life's work of about 12 bees.

6. Honeybees are not born knowing how to make honey. They have to be taught by older bees.

7. Strawberry juice and honey is said to be good for sunburn. Rub on and rinse with lemon juice.

8. At weddings in Iran, it is traditional for the bride and groom to lick honey off each other's fingers to ensure their life together starts sweetly.

9. This had a bad effect at a wedding in 2001 when the groom choked to death on a false fingernail.

10. The Restaurant at St Paul's Cathedral is doing a three-course Honey Menu this week, with all courses comprising dishes cooked in honey.

